



San Diego Woodturners

Proud Founders of the Turn-Around-for-Vets (TAV) Program



Volume 2025 Number 12

Dec 2025

1220 Rosecrans St. #233, San Diego, CA, 92106

www.sdwt.org

This month at **SDWT**:

Come celebrate at our SDWT Annual Holiday/ Christmas Party at Nottingham to end the year.

Saturday: 13 Dec, 2025

Time: 10 am - 1 pm

(Details page 4)



<i>Shavings...from the Prez</i>	2	<i>Membership Form</i>	10	<i>(AAW)</i>	17
<i>Program Notes</i>	4	<i>From the Webmaster</i>	11	<i>Board/Committee</i>	
<i>Drop-In</i>	5	<i>Wood Resources</i>	12	<i>Members</i>	19
<i>TAV Update</i>	6	<i>Instant Gallery</i>	13	<i>Cut-offs</i>	20
<i>Membership</i>	9	<i>DVD/Book Info</i>	14		
		<i>Mentor's</i>	15		



Sally Ault

SHAVINGS

from the Prez . . .

What a great demo we had in November. Tom Wirsing is a master platter maker and shared so many tips and techniques with us that I'm sure everyone's turning will improve. Just keep remembering how often he sharpened and how a very sharp tool makes the surface off the tool very clean.

I hope you all had a wonderful Thanksgiving. Now its time to get ready for the holidays. One of my favorite things about this time of year is our clubs Holiday Potluck. This year it will be on December 13...a week earlier than our normal meeting date. It's a chance to spend time with your woodturning friends and hopefully their families.

Please bring a dish to share (we will have plenty of electrical connections if you bring something that needs power). Yes, I will bring Clam chowder! We also have a fun gift exchange. Please bring something woodturning related, wrapped but not labeled. When you arrive, put the package on the table and Jeff or Roy will give you a ticket. After we eat they will draw a ticket and hand out a gift. After everyone who brought something has a gift, we go around the room and show what we got and ask (if it isn't obvious) who made it. I have received some really nice pieces at the party. This year Jeff and Roy will be in charge and plates and utensils will be provided...BUT, if you bring a wooden plate to eat on you get to be at the front of the line!

We have recently lost 2 of our members. Jim Dossett was a member for many years and was a regular volunteer at TAV NMC. Jim was a joy to be around. His service will be on December 7. An email blast was sent out with the information.

Bob Schmeiser lost a battle with cancer recently. Bob was one of the nicest people I know. He was an excellent artist and a really wonderful person. I don't have any information about a service but will pass it on when I do.

Please let one of the board know any time you hear of a member who is ill, has lost a family member or has passed. We have a member who will send a card from all of us.

We had elections in November (Thanks for organizing the election, Karen). 6 new board members were elected and will take office at the January meeting. They are Jim O'Grady, Hal Gorss, Ray Brooks, Larry Szfraniec, Ruth Cook and Jeff Neff. All of them already do a lot for the club and I know the club will be in good hands with them. When the new board members and the continuing board members meet in January, they will choose a president since I am terming out. I took over from Dave and my 6 years on the board are over. It has been an honor and a privilege to be your President. This is an amazing club.

We have a new Raffle Chair who has volunteered since Jeff is doing programs with Roy next year. Thanks Marshall Geller!!!! Be sure to bring good stuff that you don't need anymore and give it to Marshall for future raffles.

Continued next page

SHAVINGS Cont...

We had a great sale at the Mission Trails Regional Park last month and raised @\$4,000 for TAV. Ray Brooks made a LOT of tops and we also sold beautiful pens and many bowls and other items that you generous members have donated. Thank you.

As you have heard me say MANY times, our club runs on volunteers. No one is paid and many hours are donated by a relatively small number of people...please consider helping out. There are so many ways you can add to the success of the club. Any board member can help you find a way to give back to the club.

This month volunteers of the month are Frank Clark and Rob Irving. They are Team Treasurer and have done an amazing job. Please thank them for their hard work keeping our finances in great shape.

I wish you a wonderful Holiday Season and many shavings!

Be safe in your shop!

Sally



SDWT Demonstration/Event Schedule for 2025



I hope you are all staying well. We are blessed to have such a wonderful pastime to keep us busy.

Our program schedule will continue to provide a variety of demonstrations to enhance your skills and maybe offer something you haven't tried before..

Karen

SDWT Annual Holiday Christmas Party



Come join the festivity at Nottingham for this Annual event to highlight our 2025 turning year with some great food and drink, camaraderie with fellow turners, and share in a gift exchange that highlights the event. Spouses and/or significant other most welcome.

Time: 10 AM to 1 PM

When: 13 December, 2025

Where: Nottingham Arts Cntr, San Marcos

What to bring:

- 1) As this is a Potluck Lunch affair, bring something yummy for 10 (Entrée or Dessert). (Paper plates&cups/Knives/forks/Napkins provided) Water/Coffee also**
- 2) For those desiring to participate in the Wood turned item gift exchange, bring a wrapped or bagged wood turned item or something related to woodturning.**

“Drop-In Saturday”



The idea behind “Drop in Sessions” for Members is to set up a shop environment of collaboration and a place to receive assistance in answering your turning questions or help with a technique.

[Bring your own tools and project material along with your PPE.](#)

Our days are typically on a select **Saturday of the Month. 8:30 am to 12:00 pm**

San Marcos, Nottingham Arts Center.

Drop-In Returns January 24th at Nottingham

Participants must be members of San Diego Woodturners Club (SDWT) in good standing. Members under the age of 18 years may participate with parental permission and a parent or guardian must be present.

Safety is ALWAYS a Priority!

Questions: Email at Dropin@sdwt.org





Turn Around for Vets (TAV) is a critical program of the San Diego Woodturners Club. All TAV activities are carried out by a dedicated, unpaid group of volunteers so that 100% of donated funds, designated for TAV, are used to purchase supplies and equipment and to support the program.



Dan Waldburger

This Month's TAV Update:

VA La Jolla: TAV is continuing to work with VA staff in securing a new location for a storage shed and a place to set up our turning activities. The elevators are still down in our present location, which limits some of our chair-bound students. Still, we average 8-10 students each Tuesday.

VA Aspire: November was a busy month at the ASPIRE Center! Two of our eight lathes are out of service due to problems with the wheels. Dan and Derell have worked out a fix and we should be back to full strength next week. Our remaining 6 lathes have been really busy! Many pens have been made and also some boxes, potpourri dishes, ice cream scoops and bowls. As always, the creativity is amazing! Because the ASPIRE Center is a residential facility, TAV will be open all 5 Wednesdays in December including Christmas Eve and New Years Eve. Thanks to our wonderful volunteers and participants, we are looking forward to another great month!

NMC - Balboa: We had a donation of \$400 for a lathe and tools for an employee of NMC. TAV-1 seems to have more repeat students. November was a short month for us because of Thanksgiving, our attendance was still up averaging fifteen a week. As our attendees are becoming more skilled, more advanced projects are being completed. Torrey Pines Gift Shop: No input since the building is closed for retrofit upgrades.

Donations: We received a donation from a workshop that didn't include any turning tools, but we were able to trade a drill press, workbench, tool chest and table saw for a modest donation to TAV. Thanks go to Larry and Bill for helping out here.

Mission Trail Regional Park: Thank you so much for your participation in this year's Holiday Marketplace — it truly was a wonderful success. Even the rain couldn't keep visitors away, and more than 2,000 people came out to enjoy the park and support your work.

Volunteers: Our volunteer base is small but powerful. Please consider helping out to your ability. Many hands make for light work and we could use more hands all the time. Feel free to reach out to the TAV Chairman to find a suitable role, whether it's making goods to donate or time at one of our TAV sites. Thank you.



Happy Holidays to All!!!

Be Safe!

Reprinted w/permission: A little history note on TAV

NNCA: Naval Nurse Corps Association



What Do Navy Nurses Do After Their Nursing Careers?

—by Cindy Sweeney

If you possess a great deal of creative talent you may decide to become an artist following your Navy and Civilian careers. In David Brooks' book, "The Second Mountain", he explores the idea that in our early years, our 'first mountain' is establishing a career with the goal for success and financial security. After the first mountain is mastered, there is a desire for climbing the 'second mountain, freed from the conventional limitations of money and success. The second mountain is an altruistic climb and the exploration of our creative side. Rose Anne Sobkow and Nancy Lee "Nan" Bushley have climbed their 'second mountain'. For many years, I have maintained communication with my treasured Operating Room mentors, Rose Anne and Nan. I first met Rose Anne and Nan when I was a LTJG, in the OR at Naval Regional Medical Center Balboa, following my training at the OR school in Camp Pendleton. Rose Anne and Nan were very senior Lieutenants to me and were promoted to LCDR during my time at Balboa. Rose Anne taught me the 'how' of Cardio-Vascular Surgery, General Surgery and Trauma Surgery as I rotated through the specialties. She taught me to 'think' like an Operating Room Nurse. Nan kept the OR running as the Charge Nurse, ensuring the cases on time and problem solving where needed. When I got married and later had my first child, they were my support as I navigated marriage and motherhood with a spouse who deployed for prolonged periods of time. That was back in 1976-1979.

For almost fifty years, we have maintained our connection through mail and occasional visits when life took me to San Diego on business. A few months ago, my husband and I visited Rose Anne and Nan at their home. The house is a gallery of exquisite art created by Rose Anne and



Jaguar

Nan. Rose Anne is a multimedia artist using watercolors, oil, charcoal, block printing, acrylics, gouache, graphite, charcoal, colored pencil, water & oil-based printmaking inks, digital, pastels....and more! Her original love was watercolor, but ultimately her favorite evolved to printmaking. Nan became a woodturner. There is much to see and appreciate in the rich, artistic environment of their home. For those not familiar with woodturning, it is the art of shaping wood using a lathe and handheld tools to create beautiful pieces of art out of wood. Both Rose Anne and Nan have exhib-

ited their work for others to enjoy and donated pieces for charitable causes. Their works should be enjoyed firsthand to fully appreciate the exceptional craftsmanship involved. The pictures provided here do not do them justice! At Rose Anne's request let me share a bit more about the work that Nan has done using her woodturning skills and interest in support of our veterans.

Nan began a second career after retirement from the Navy Nurse Corps, and Civilian Nursing. After attending a Woodturning demonstration, she pursued an associate's degree in Woodworking Technology at Palomar College.

Thus began her new career, and the journey into a whole new, exciting world, post-retirement. Nan was one of the early women pioneers in Woodturning. Woodturning has a history spanning millennia, dating back to at least 700 BC. Initially, woodturning focused on producing functional objects for various trades. It became a medium for artistic expression over time. In the 1970's woodturning as a hobby experienced an explosive interest in English speaking countries.



Hollow Woodturning

As Nan developed her skills, she developed a following of her art. Nan was invited to showcase her expertise at the University in Belfast, Ireland. Rose Anne noted that the journey and event were noteworthy and broke the glass ceiling in woodturning. Nan is widely known throughout the woodturning community; she has been a Judge at the San Diego Fine Woodworking "Design in Wood" Show for over 25 years. She has also received awards and recognition for her contributions, including her teaching skills. Nan is a born nurturer and has always had a friendly, warm persona, which makes her a great and willing teacher. In 1987, Nan was a founder of the San Diego Woodturners Club (SDWT), which is a chapter of the American Association of Woodturners (AAW). In 2007, Nan and Dr. Kenneth Roth, a former Navy orthopedic surgeon, created "Turn Around for Veterans" (TAV) as a part of the SDWT mission. This program teaches woodturning to active-duty service members and veterans at the Naval Medical Center San Diego, the Wounded Warrior Battalion at Camp Pendleton and the Veterans Affairs Aspire Residential Rehabilitation Treatment Program in San Diego. As health-care providers, both Nan and



Wood Block

Historical Note Continued:



Ken understood how a devastating injury can create a feeling of loss for their former life. They believed that turning wood would help these warriors to heal in ways beyond physical injuries. Materials for TAV are supplied by donations to SDWT, and the instructors are volunteer woodturners. The program has grown nationwide.

Even when you have given your best effort to society in your nursing career, there is often still more you can do that you may never have considered. Nan and Rose Anne have proven that. They are inspirational when you write your next chapter, following retirement! For more information on SDWT go to <https://sdwt.org/wood/>. For more information on TAV you can contact TAVChairman@sdwt.org



Membership

Hello San Diego Woodturners

To All:

SDWT Membership at 196 as of end of Nov 2025.

It's Time for 2026 Annual Membership Renewal.....

Membership: Checks for membership (made out SDWT (note annual Dues \$50) and mail to our address at **SDWT, 1220 Rosecrans St #233, San Diego, CA 92106** or provide your check at our next meeting.

Alternative and Preferred: Renew on-line in the SDWT website “Members Only” go to “Annual renewal.....link.

If you need the Password for access into the SDWT.org **members only tab** see Don or Jim for the code. New 2026 password to be established in February.

Similarly, If you're already a member of AAW Great! If not, consider joining AAW, if you think our resources are great, you will no doubt benefit from their pool of knowledge. Check them out at www.woodturner.org

Remember that as a paid member, you have access to the [SDWT Members facebook group](#) I hope you decide to join the group, it's a very simple way of interacting with other members of the club.

If you have any questions or you think you might be missing club emails. Let us know either in [SDWT Members](#) or info@sdwt.org

Thank you,

Questions: Contact at Membership@sdwt.org or speak with Don Wolfe/Jim OGrady (new membership committee co-chairs).





Membership Form

SDWT membership is \$50.00 per calendar year. To become a member, complete this form and send a check to SDWT. Send to the address below or bring it to any SDWT meeting, go to (www.sdwt.org) for our meeting time and location. If you have any questions, please contact us at (info@sdwt.org)

Date _____

Name _____

Address _____

City _____ State _____ Zip _____

Phone # _____

Email _____

Our membership allows our club to hold monthly meetings, enjoy refreshments, watch expert demonstrations and participate in classes. As a member, you will have access to woodturning supplies, video library, wood resources and mentorship.

Check out our website at www.sdwt.org

San Diego Woodturners
1220 Rosecrans St #233
San Diego, CA. 92106

From the SDWT WEBMASTER

If you are short of time or looking for specific information, be sure to check out the "Timestamps" in the description area of all Zoom meeting videos. They allow you to quickly click and jump to the specific topics.: Plate

You will find all of this on the password required "[Members Only](#)" page under "Zoom Recordings" Latest Recordings as follows:

Tom Wirsing: Platters

Christian Brisepierre: Off–Center Scoops

Jeff Neff: Sphere Bowl

Doug Schneider: Basket Illusion

Joe Fleming: Air Brushing

Sally Ault: Bird Houses

Pete Campbell: Embellishment

Don Owen/Carolyn Jones: Flowers & Reindeer

Joe Fleming: Turning Chess Pieces

Mike Mahoney: Bowl, Pepper Mill & Platter

Jeff Neff: Natural Edge Bowls

Karen Freitas: Snowmen

Dave John: Star Bowl

Chad LaVoi: Bowl Coring





As members of the San Diego Woodturners, you may come across an opportunity for us to add to our wood inventory and made available to our membership at nominal cost.

If you hear of anyone needing to move wood off their property please give me a call **Chad LaVoi** (see members only tab (membership directory for contact info or send an email to GotWood@sdwt.org) .



Wood Resource Update: .

I wish to thank the many who have provided and assisted with Wood Resources in 2025. It is the Club and its members who benefit in having wood resources available at a nominal cost. Always needed, but a need none the less towards help in this area for hauling wood when it becomes available and/or helping in the wood lot. Let me know if you can assist in this manner.

Lastly: **Happy Holidays to you and your Families**

Chad



Stacking Wood. It's an Art-form

Nov Instant Gallery Displayed Items



Raffle



Thank You to all the members who have participated in the monthly raffle.

The raffle program is **self-supporting** with your support and ALL of the proceeds from the raffle are reinvested in future raffles and never used for any other purpose.

If you would like to see some particular item(s) included in the raffle program, let me know and I will see if I can work them in.

Be safe.

Marshall Geller - Raffle Committee Chair.

From the DVD & Book Library

Hi All

Check out the listing on the SDWT web page of our vast DVD and Book library on various woodturning topics, techniques, and artistry. DVDs and Books will be available at our Jan meeting for checkout and return.

Until then, **Carolyn**

Be Safe.



StarBond Products (with a Club Discount) at SDWT



STARBOND CA product will be available at our **Jan** meeting. STARBOND has offered guild **chapter** discount on their products whereby you the members of SDWT will reap the benefit of the discounted price (approx 30% discount). Thin, Med, Thick CA along with Aerosol, and Black & Brown Filler CA will be on hand.

Mentoring Program

Our mentoring program is one of the unique benefits of our club. Our mentors can help with basic to complex turning and teach safety along the way. This is a great way to start out or hone your skills with complex tasks taught by turners skilled in specific areas of turning. Our mentors are volunteers and are dedicated to sharing information on all facets of woodturning.

Rest assured however, that all of our mentors are easy to work with. Most often the mentor opens his/her shop to the applicant at a mutually agreed upon time and schedule.

A list of mentors and their specialties are listed within our Mentor Tab of our SDWT.org website (**go to About tab and pull down menu, go then to Mentors**). Phone numbers for the Mentor you have particular area of interest is listed in the (members only area of the web site).. Upon making contact, arrange a time and place. If you have any questions, email me at the below address..



Jeff Neff – Mentor Committee Chairman (MentorChairman@sdwt.org)

“Mentors do not give you a shortcut, but they streamline the process. They invariably had their own great mentors, giving them a richer and deeper knowledge of their field. Their ensuing years of experience taught them invaluable lessons and strategies for learning. Their knowledge and experience becomes yours; they can direct you from unnecessary side paths or errors. They observe you at work and provide real-time feedback, making your practice more time efficient. Their advice is tailored to your circumstances and your needs. Working closely with them, you absorb the essence of their creative spirit, which you can now adapt in your own way.” From the Book - *Mastery* by Robert Greene



Resources

Tropical Exotic Hardwoods

2270 Camino Vida Roble site "B"
Carlsbad, CA 92008 (760-434-3030)

North County Tools

955-A Rancheros Drive
San Marcos, CA 92069 (760-743-2004)

Enviro-Safety Products (No discount)

516 E. Modoc Ave.
Visalia, CA 93292—7630
(800) 637-6606

Rockler

8199 Claremont Mesa Blvd
San Diego, CA 92111 (858 268-1005)

The Hardwood & Hardware Co

8849 Complex Dr
San Diego, CA 92126
(858 - 536-1800)

Woodworker West

PO Box 452058
Los Angeles, CA 90045
(310) 216 - 9265

Tool Depot

3464 Pickett St
San Diego, CA (619) 220 - 7111
1655 Broadway #13
Chula Vista, CA (619) 585-800

SD Urban Timber

922 Industrial Blvd
Chula Vista, CA 91911
619-20 7-4084 (sdurbantimber.com)

American Furniture Design

Ben MatteTung Oil can be purchased here

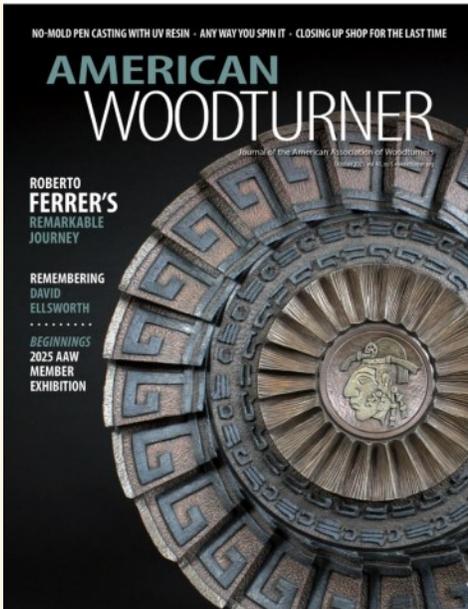
2243 Mountain View Dr.
Escondido, CA
(760) 743-6923

Bennett Crone Lumber and Ply-wood, Inc.

1202 Piper Ranch Rd
San Diego, CA 92154
619-661-0667
(Bennetcrone.com)



AAW



Latest issue of American Woodturner sent out to AAW members. Not a member? Join today at (woodturner.org)



*****Annual AAW members meeting held via Zoom on 2 December. A recording and slides presented will be posted on the AAW Website for your viewing if you missed the opportunity to listen in to the meeting.**



11717 Caminito Vantana • San Diego, CA 92131
858-395-0562 • airbrushingwood.com

Joe carries the full line of Grex Professional airbrush products including:

Airbrushes - Tritium pistol grip and Genesis XGi pencil grip
Compressors
Accessories
Private Stock acrylic paint



Joe carries all Grex Air Tools, featuring:

AOS 368 Random Orbital Sander
AG 368 Angle Grinder and Carving Tool



Learn more about the above products and see Joe's Gallery at Airbrushingwood.com. (highly recommended) along with his educational material on color/airbrushing and much more.
Good Stuff!!

All club members will receive show discounting pricing on all products and an extra 5% on airbrush starter kits.

2025 SDWT Board Members and Committees

SDWT BOARD MEMBERS

President

Sally Ault pres@sdwt.org

Vice President

Karen Freitas vp@sdwt.org

Secretary

Jennifer Jones

secretary@sdwt.org

Treasurer

Frank Clark/Rob Irving

treasurer@sdwt.org

Members at Large

Chad LaVoi, Annette StHilaire

Jon Chernow, Roy Ulrich

Steve Frick, Dan Waldburger

Contact Information for Club Officers, Board and Committee members is available on the SDWT.org website within the Members Only Area. (Membership Directory) and above email addresses.

COMMITTEES

Newsletter

Dave John NewsletterEditor@sdwt.org

Audio/Visual

Andy Boyer, Hal Gorss, Jerry Aarestad

Raffle

Marshall Geller

Mentors

Jeff Neff MentorChairman@sdwt.org

Del Mar Fair

Steve Frick, Jon Chernow

Programs/Classes

Karen Freitas ProgramChair@sdwt.org

Membership

Don Wolfe/Jim O'Grady membership@sdwt.org

Wood Resources

Chad LaVoi (GotWood@sdwt.org),

Refreshments

Steve Frick

Instant Gallery

Steve and Ruth Cook

Host Facility

Terry Sullivan

TAV

Dan Waldburger TAVchairman@sdwt.org

Site Leads: **NMC:** Howard Katz, **Aspire** Brian Saunders

WWBN CPEN: Jon Chernow / Dan Lyle

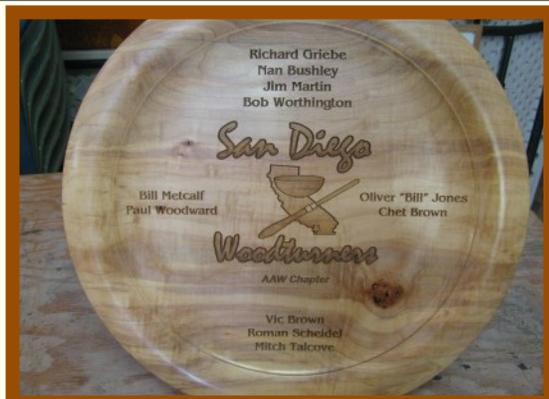
VA: La Jolla: Larry Szafranec

Sunshine Committee

Mavis Porter

Webmaster

Roy Ulrich webmaster@sdwt.org



The Last Page - “Cutoffs”

(Odds and Ends)



From the SDWT Board Officers and members, along with all the Committee Chairs and Volunteers that make our guild the best; Wishing all and your families of San Diego Woodturners a very **Merry Christmas** and **Happy New Year**. Be **Safe** over the Holidays and we will see you all in 2026.

NOTTINGHAM ACCESS

For access to the Nottingham Arts Center contact Terry Sullivan via e-mail (go2tms@outlook.com). Include the day and time you wish to arrive as well as the purpose of your visit. Access must be cleared with Terry with email and on-site rep, Jessie Martin.

Do not enter the Nottingham facility or grounds without prior approval or without the project leader present.

San Diego Woodturners (SDWT)

A Nonprofit Corporation

A Chapter of the AAW

1220 Rosecrans St. #233

San Diego, CA, 92106



Happy Holidays 2025/26

Next Event

December 13th, 2025

“Holiday Christmas Party”

10 AM until 1 PM (Approx)

Nottingham Arts Center, San Marcos

